PSHE Curriculum

Defining Mental Health	Fire safety - Cooking	Racial Bullying and Harassment. How To Deal With It
Defining Mental Health Illness	Fire safety - Electrical items	Reasons for Exclusion - Wounding Adults
Defining Mental Health Recap Quiz	Fire safety - Planning an escape	Relationships
Helping Others	Fire safety - Smoke alarms	Reproduction - Foetus Development
Helping Yourself	Fire safety equipment for the home	Reproduction - Human systems
Red Flags and Triggers	Forced Marriage - Student Lesson	Reproduction - Puberty, hormones and sexual characteristics
Stigma and Shame	Forms of Government	Reproduction - The process of birth
A healthy diet for teenagers	Harmful Sexual Behaviour	Reproduction Intro
Alcohol	Healthy eating - the benefits	Reproduction: The menstrual cycle
Alcohol abuse	Healthy Lifestyle	Rest - The importance of resting
Alcohol and mental health	Healthy Living - Changing habits	Right to Vote
Alcohol withdrawal	Healthy Living - Fruits and vegetables	Rights and Responsibilities
Alcoholism	Healthy Living - Junk food	Rights and responsibilities of a citizen in a democracy
All about Bulimia	Healthy Sexual Relationships - Students Aged 13+ years Lesson	Rights of Individuals
All about Mindfulness	HIV and AIDS	Romantic Relationships
Are you suffering from Post-Traumatic Stress Disorder? - Student	Homelessness	Rules of a community
Behaviour - Conduct Out in the Community	Honour Based Violence - Student Lesson	Self Esteem
Belonging to a community	How are people influenced by celebrities?	Self Harm: Students
Building Self-confidence and self-esteem	How are young people influenced by advertising?	Self-esteem
Building Self-Esteem - A Practical Guide for Young People	How do you know if you've got a drink problem?	Setting Yourself Goals
Car Crime	Human Rights	Sexual Abuse and Exploitation
Care of the terminally ill	Human Rights, Dignity, Equality and Respect in the U.K.	Signs of drug abuse
Child Sexual Abuse (CSE) - signs and indicators	Human Trafficking - Student and Parent Lesson	Smoking
Child Sexual Exploitation (CSE) - grooming	Identities	Solvent abuse or volatile solvent abuse (VSA).
Child Sexual Exploitation (CSE) - what is it?	Individual rights and responsibilities.	The Citizen and the Law
Children and Young People Online and Using Mobile Phones	Inherited Diseases	The Impact of a student exclusion
Children living in a digital world	Life processes	The Laws in England and Northern Ireland
Citizens and Communities	Marriage and Family Life	The Rights of Parents and Children
Classifying foods using The Traffic Light System	Mental Health - Bulimia	The Samaritans.
Consumers	Mental health and well-being	The Use and Abuse of Drugs
Consumers and Suppliers	Mindfulness - everyone is doing it!	The Value of Human Life
Consumers and Suppliers (Responsibilities)	Mindfulness Walking	Tranquilizers - The health risks
Contraception	Misuse of Human Rights	Understanding emotions - Fear
Coping with disability	Misuse of Rights	Understanding emotions - Self-image
Coping with multiculturalism	Modern Slavery - Student and Parent Lesson	Voting
Cyber Bullying	Morning mindfulness	What are the health risks of alcohol abuse?
Dealing with Britain's alcohol problem.	Parenting	What Happens When Someone Goes Missing?
Diversity	Positive Behaviour and Attitude at Work	What influences people to drink alcohol?
Drink driving	Pregnancy and fertility	Working as part of a group.
Essential First Aid - A Practical Guide for Young People	Puberty	Worldwide citizen
Every Child Matters	Puberty - Boys	Young Offenders - follow up lesson
Female Genital Mutilation (FGM)	Puberty - Girls	Young People and Alcohol
Fire safety - candles, decorative lights and cigarettes	Puberty and growth into adulthood	Young people and the media

PSHE and Behaviour Repair Work Curriculum

6 ways you can boost self-esteem (mindfulness)	Relationships - Individually and groups	Reasons for Exclusion - Aggressive Behaviour Towards an Adult
Accepting Responsibility	Resolution of conflict in school	Reasons for Exclusion - Aggressive Behaviour towards other pupils
Alcohol and parenting	Respect	Reasons for Exclusion - Carrying an Offensive Weapon
Alcohol and relationships	Rewards and Sanctions	Reasons for Exclusion - Derogatory Racist Statements
Alcohol and safe sex	Running away from home	Reasons for Exclusion - Fighting
All about exclusion	Self-Harm	Reasons for Exclusion - Homophobic Abuse and Harassment to Other Pupils
Behaviour Contract	Sexting	Reasons for Exclusion - Homophobic Bullying
Bias and Objectivity	Stereotypes - Gender	Reasons for Exclusion - Obstruction and Jostling
Britain's drinking culture	Stress and 'stress-busting'	Reasons for Exclusion - Obstruction and Jostling against adults
Bullying – Homophobic bullying	The age of criminal responsibility	Reasons for Exclusion - Physical Bullying
Building Confidence and Resilience	The Justice System	Reasons for Exclusion - Racist Bullying
Bullying	The Seriousness of Exclusion	Reasons for Exclusion - Racist Graffiti
Bullying and Social Networking Sites - Staying Safe Online	The Use of ASBOs in England and Northern Ireland	Reasons for Exclusion - Swearing at an Adult
Car Crime and Causes	The Youth Justice System	Reasons for Exclusion - Swearing at Other Pupils
Children and fire	Truancy	Reasons for Exclusion - Swearing that can be attributed to racist characteristics
Conflicts Affecting Individuals and Communities	Types of Crime	Reasons for Exclusion - Threatened Violence Against a Pupil
Contacting the police - their response	Underage drinking	Reasons for Exclusion - Threatened Violence Towards an Adult
Controlling Anger in the Classroom	Understanding emotions - Anger	Reasons for Exclusion - Verbal Bullying
Coping With Conflict	Understanding emotions - Sadness and depression	Reasons for Exclusion - Verbal Intimidation of Adults
Crime	Understanding emotions - Self-esteem	Reasons for Exclusion - Verbal intimidation of other pupils
Crime in the Local area	Understanding emotions - Stress	Reasons for Exclusion - Violent Behaviour Against Adults
Criminal convictions and their consequences	Victim and witness Support	Reasons for Exclusion - Violent Behaviour against Other Pupils
Cyberbullying	Victims of Crime	Reasons for Exclusion - Wounding other pupils
Dealing with anger in the classroom	Ways of contacting the police	Verbal abuse against a pupil - Aggressive behaviour
Dialling 999 - A Practical Guide for Young People.	What is behaviour?	Verbal abuse against a pupil - Homophobic abuse and harassment
Discipline	What is Peer Pressure?	Verbal abuse against a pupil - Swearing
Discrimination	Young Offenders	Verbal abuse against a pupil - Threatened violence
Divorce and the impact on teenagers	Young People and Substances, Alcohol and Aerosols	Verbal abuse against a pupil - Threats of an offensive weapon
Drug and alcohol related abuse	Youth Court and Magistrates Court	Verbal abuse against a pupil - Verbal intimidation
Drug and alcohol related abuse - Inappropriate use of prescribed drugs	Juvenile Crime	Verbal abuse against an adult - Carrying an offensive weapon
Drug and Alcohol Related Exclusion - Dealing Drugs in School	Ketamine	Verbal abuse against an adult - Homophobic abuse and harassment
Drug and Alcohol Related Exclusion - Smoking	Laws	Verbal abuse against an adult - Swearing
Exam techniques and exam stress	Low Level Disruption	Verbal abuse against an adult - Threatened Violence
Excluded Students	Prejudice and discrimination on grounds of gender or sex	Verbal abuse against an adult - Verbal intimidation
Fire safety- candles, decorative lights and cigarettes	Racial Bullying and Harassment - How to Deal with It	Persistent disruptive behaviour - Challenging Behaviour
Groups in Society	Racism and the Law	Persistent disruptive behaviour - Disobedience
Harassment and Bullying. How to deal with it.	Racist abuse – racist taunting and harassment	Persistent disruptive behaviour - Persistent violation of school rules
Healthy relationships - Consent	'It's good to talk.' Improving conversation and listening skills	Physical assault against a pupil - fighting
Heroin	Justice System (Consequences)	Physical assault against a pupil - obstruction and jostling
How do video games affect young people?	Justice System for Young Offenders	Physical assault against a pupil - violent behaviour
How does peer pressure influence young people?	Justice System for Youth	Physical assault against a pupil - wounding
Identity		Physical assault against an adult - violent behaviour